

Orari corsi



		Lunedì	Martedì	Mercoledì	Giovedì	Venerdì	Sabato	Domenica
08								Seminari ed eventi
	30		Intensive Flow On Line			Intensive Flow On Line		
09		Odaka Yoga		Yoga Wave				
	30							
10							Odaka Yoga	
	30	Yoga Posturale				Yoga Posturale		
11								
	30							
13								
	30				Odaka Yoga			
14								
	30							
17							Seminari ed eventi	
	30					Yoga In Gravidanza		
18		Odaka Yoga			Odaka Yoga			
	30							
19						Yin Yoga		
	30	Yoga Wave						
	45							
20				Yin Yoga	Intensive Flow			
	30							
	45							