



LUN	MAR	MERC	GIO	VEN	SAB
	<b>9.00</b> Odaka Yoga		<b>9.00</b> Odaka Yoga		<b>10.00</b> Odaka Yoga
					<b>12.00</b> Asa Posturale <i>Approfondimento</i>
		<b>13.00</b> Pilates			
				<b>16.00</b> Yoga Prenatale	<b>16.00</b> Yoga bimbi
<b>17.30</b> Odaka Yoga		<b>17.30</b> Odaka Yoga		<b>17.30</b> Vinyasa Yoga flow	
<b>19.00</b> Asa Posturale	<b>19.00</b> Odaka Yoga	<b>19.00</b> Asa Posturale	<b>19.00</b> Odaka Yoga	<b>19.00</b> Asa Posturale	
	<b>20.00</b> Meditazione				